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### INTEGRATION OF EDUCATION IN HIGHER EDUCATION: AIMING TO IMPROVE THE EDUCATION AND DEVELOPMENT OF STUDENTS

### Faisal<sup>1</sup>

<sup>1</sup>Universitas Nurul Jadid, East Java, Indonesia Email: Fayzalnamikaze gmail.com<sup>1</sup>

#### **Abstract:**

This research aims to explore the integration of Tariqoh in higher education as an effort to improve the quality of education and student development. Tarigoh, as a religious and spiritual approach, is considered to have the potential to have a positive impact on the formation of students' character, ethics and understanding of life in the academic environment. The research methodology used is a qualitative methodology with case study research. The data collection techniques used in this research are interview, observation and documentation techniques. The results of the research show 1) That Tariqoh is a routine activity that is part of the Student Activities Unit and is under the supervision of the MATAN Organization. 2) The MATAN organization is the core organization for implementing Tariqoh at Nurul Jadid University and is an effort to continue the preaching of the Prophet Muhammad S/A.W. 3) The implementation of Tariqoh is an effort to improve the quality of students in the religious field so that when students graduate or leave the university environment, students are able to accompany and even lead religious activities in the community. The integration of Tariqoh in the Islamic higher education environment is expected to be able to maintain Islamic values in the era of modernization.

**Keywords:** Integration, Tarigoh, Quality Development

### INTRODUCTION

Tariqoh Naqsabandiyah is one of the Sufi tarekat that has quite a lot of followers in Indonesia. Naqsyabandiyah is derived from the name of the founder of Naqsyaband. While adding the yes word at the end of the word, it's a 'yes' ratio, which means a follower. So the meaning of Naqsyabandiyah means followers of Syeh Naqsyaband (WAFA, 2021). Every Sufi tarekat, has a certain ritual and aqidah, which distinguishes between one tarekat and the other tarekat. Nothing except Naqsyabandiyah. This tarekat has a special ritual in personality or aqidah that distinguishes it from other tarekat (Tidaryanto, 2020). The important part that distinguishes one tarekat from the other tarekat is the problem of aqidah. Each tarekat has an aqidah and ritual of worship that is their trust. (Sabri & bin Mohd Noor, 2023). Like Naqsabandiyah has the belief that the founder of the first tarekat was Abu Bakr as-Shiddiq. Abu Bakr practised dzikir and wirid naqsabandiyah, quarantining himself to disconnect and did not break until the dawn. Then the prophet said, "It is the smell of the heart of Abu Bakr, because of the multitude of those who think of Allah." (Farhan & Faiq, 2023).

At this time, the existence of Tariqoh Naqsabandiyah has begun to be felt by several colleges in Indonesia, including at Nurul Jadid University. It is actually lumrah because the presence of Nurul Jalid University is under the shadow of the Nurul Jadid

Foundation. Students are predominantly active centers and alumni who still need spiritual activities, and teaching is a religious development activity that is intrinsic. The integration of teaching in education is an effort to face the impact of cultural globalization as well as the intensity of the currents and violence in the Western countries have divided the behavior, character or morality of Muslims in particular in Indonesia. Some are still in line with Islamic morals, but many are already contaminated by Western culture. Therefore, if you look at the behavior of the Muslims, especially the Indonesian people in general, there are some that conform to the Sharia, but there are also some that reflect a worrying moral degradation. Besides, there are several other factors associated with the destruction of society.

It is a way for the Sufis to reach the goal of the Tasawuf, that is, to reach Allah and reveal the secrets of the world, because according to the Sufi life in this world is full of secrets covered by walls, between the walls there is our own desire and the glorious worldly life and its pleasures. (Cindy, 2023). The pleasure of all things is the pleasure and the joy of being near to God. (Muhassim, 2023). Through discipline, the emotional and spiritual intelligence of the people, especially the Muslims, will be increasingly enhanced, so that they will be protected from the dangers of the progress of this increasingly blind age, and they will more and more discover the truth of real life. (Jumhur & Wasilah, 2023). Therefore, the University of Nurul Jadid took the initiative to maintain the accreditation of students, especially those who are both accredited and non-accredited.

The integration of Tariqoh in the college of Nurul Jadid University is an effort of the Dean of the Faculty of Islamic Religion to improve the quality or quality of students both in terms of the intellectuality in theology, improvement of the inner condition or spirituality of students, as well as to enhance the quality of graduates of students who will be able to benefit some religious activities in the community. Quality improvement continues to be carried out by the academics of the University Nurul jadid and make the influence of the university on the community can be felt its positive effects and the existence of the Nurul Jadi University will be hopes and needs of the general public.

Improvement of quality is an important thing in an education, research efforts on quality have been done a lot. Fery Irianto Setyo Wibowo (2023) stated in his article that Islamic Education Management really helped the efforts to improve the quality of educational institutions. Not only for Islamic educational institutions, but more than that, in addition to Islamic education institutions can also study and apply Islamic management of education. Not only do madrasas have the right to apply Islamic education management, but public schools can also apply it to improve the quality of the school itself. In connection with the efforts to improve quality, Afridoni et al. (2022) stated about accreditation, that the results of his research identified that accrediting is one of the efforts in improving the quality of education in the educational unit. In the implementation of accreditations of educational units need to pay attention to the management of school accreditation, the factors that are inhibiting in the Accreditation its solution. follow-up post-accreditation and steps in achieving good accreditedness. Fardinal et al. (2022) stated that in improving the quality of Islamic education there is a great need for change and better endeavours, because of the challenges of the coming times demanding Islamic educational institutions to follow the development of their times, to grow the confidence and interests of the public it is very necessary to improve their own quality of education, so that the children they assigned to the Islamic Educational Institution can compete and be able to face the current era. Ridwan (2022) stated that quality Islamic education is a must that we must create in the era of globalization in order to create a qualified Islamic society and accepted in society and the world of work. In Islamic Education itself explains the importance of demanding Science in the First Five Letters of Al Bagarah, It is in line with the goal of National Education to form a Whole Humanity and form a qualified human being. Holis et al. (2023) stated that the improvement of the quality of educational institutions has become a matter of great importance for all education institutions. The same goes for the Islamic educational institutions. To this, it is

necessary for the Islamic educational institutions to make a continuous effort, namely to implement some theories and concepts of quality management so that the quality of education remains awake and recognized as an educational institution that runs the educational process well and produces the best outputs.

The integration of literacy into previous education has been thoroughly examined by a number of researchers. Rochim et al., (2023) stated in his research that during the Dutch colonial rule in Indonesia, the development of Islamic education took place in an undemocratic context for indigenous peoples. Nevertheless, the struggle against colonialism continues, with trainees and scholars playing a key role. One of the fighters of Malang origin, Kh. Muhammad Yahya, has a significant role in the development of Islamic Education in the region. The strategy implemented by Kyai Yahja, especially through the thorigon approach, has had a huge positive impact on the poor and surrounding communities, including the villagers of Gading and its surroundings. Hamzah & Nasrul (2020) stated that there are 20 contributions of the Tarekat Nagsabandiyah in the building up of moral education of students, namely, Presenting a sense of faith and faith in Allah, Preserving herself, Religious Sermons and Tabligh Akbar, Studies of Islam, Tawakkal and Thanksgiving, Tobat and Dzikir, Yasinan, Tausiyah and Fasting, Tauhid, Ridha, Maulid Prophet Muhammad Saw. and isra' mi'raj, Hadist and As-sunnah, Shalwat, Saying Salam, Tolerance, Feeling Careful, Being Invited, Loving Animals and Caring for Plants, and Khalifah.

Then research on Tarigoh has also been done by Kamaliah & Fuadi (2023) who stated in his journal that the development of Islamic religious education in the time of Sheikh Abdul Wahab Rokan underwent rapid development that is with the construction of the madrasah buildings used for the management of education process, teachers who are tasked with teaching also got facilities from the Langkag sultanate so that the process of implementation of the Islamic religion education carried out by Sheikh Abdul wahab Roka is with an education approach of modernization and in collaboration with Tarigah education so that implementing education in madrasas is not only going traditionally kind of learning teaching at home teaching. Sheikh Abdul Wahab himself is a tasawuf figure and founder of Tariqoh Nagsabandiyah in Besilam. And Bakri (2023) also stated that the Teachings of Tarekat are part of the Islamic religion. The existence of the tarekat which is more precise than the spiritual dimension is not immediately a departure from the law of the figih. On the contrary, tarekat has a major role in strengthening the worship of the zohir as set forth in the fiquih. His openness in accepting various views of scholars from various mazhab in the practice of worship and you're the only evidence that the aspects of multiculturalism of law also have a place in the teachings of Tarekat Qadiriah wa Nagsyabandiyah. Aldi (2023) also stated in the results of his research that the external activities that became the routine agenda in the Pondok Pesantren Arafah Lampung such as, Training of the Priests of the Mosque and Khotib, Officer Managib, Ziarah of the Waliyullah tomb in various areas have many benefits, it is in accordance with the characteristics of the Spiritual Intelligence described in the theory of Akhmad Muhaimin Azzet that, the sign of people who have spiritual intelligence is their quality of life because inspired by vision and values.

The difference between current research and previous research lies within the scope of the educational institutions themselves, and earlier research related to the integration of Tariqoh into education focused only on the collaboration of religious activities with school activities alone. Current research is an attempt by researchers to identify the improvement in student quality by implementing Tariqoh practices both in the campus and in the community. With this can be identified the uniqueness of research that is the role of students in the college environment and in society that has its own impact through the activities of Tariqoh. It then became unique to study where Tariqoh was originally only a religious activity for the Sufi people, now has developed into a spiritual activity for Students.

The purpose of the research is to find out how the role of Tariqoh in improving the quality of students. Karenna is sure that students still need spiritual education to maintain the internal condition of students during their education in college. The next objective of the research is how and what the influence of Tariqoh on students and society, because tariqoh is an activity that is able to connect social between students and the society. The potential impact of improving student quality can be felt by the wider public becomes enormous.

### RESEARCH METHODS

This research uses a qualitative research method, which is a method that uses descriptive data in written or oral language of observable phenomena. The reason the researchers use this method is because this method has the advantage of being able to present directly the truth of the relationship between the researcher and the subject, as well as easily adapted to two-dimensional reality.

Researchers use the type of case studies, where researchers dig a phenomenon and gather information in depth and in detail using various data collection procedures over a certain period of time. Moreover, this type of research focuses intensively on one particular object and studies it as a case.

To obtain valid data researchers use two data sources, namely primary and secondary data. Primary data is data obtained directly from informants through structured or unstructured interviews, and secondary sources are data from archives or documents owned by school institutions, as well as journal articles and books relevant to research issues. In this study, primary data sources were obtained from the results of researchers' interviews with informants namely the head of MATAN organization and two members consisting of active members and senior members, using quota sampling techniques and determining the sources to be investigated. In addition to the interview technique, researchers use secondary data sources through observations of archives and some documents owned by MATAN organizations. Steps in obtaining data for this research activity use three ways: interviews, observations, and documentation. The first step that researchers take to process data is through data reduction activities, carried out by listening to the results of interviews from the subject of the research, to then dig back, the result of the interviews that match the research problem formula is recorded, while those that do not match the problem formula are removed. The next activity is to present the results in the form of descriptions and conclusions based on valid data analysis. The data processing technique in this qualitative approach uses triangulation techniques. According to Sugyono, triangulation is a combination of data collection techniques and existing data sources with others, thereby producing validity. The use of triangulation techniques aims to enable researchers to re-check their findings by comparing their results with other sources, theories and methods, so that researchers can expect to obtain results that are close to the truth.

### RESULTS AND DISCUSSION

## Implementation of Tariqoh in the Student Activities Unit (UKM) of Nurul Jadid University

Integration in education involves a comprehensive approach that combines different elements to create a holistic learning experience. It can involve the integration of discipline, technology, values and ethics, cross-disciplinary skills, field experience, and culture in the curriculum. (Khoirunnisa et al., 2023). The aim is to provide better understanding to students, enabling them to associate the concepts learned with everyday life and enhance engagement in the learning process (Muhtarom, 2023). Educational integration also prepares students to face real-world challenges by providing a more comprehensive and contextual understanding. Tariqoh Integration efforts in the environment of Nurul Jadid University is an effort to introduce the values and 'amaliyah that are in the teaching of tariqoh. In Tariqoh various science will be applied through various activities both weekly, monthly, and annual activities that have been organized by the student manager Ahlit tariqoh al-Mu'tabarah an-Nahdiyah (MATAN). The day of the day is the day of worship, the day in which the worshippers rejoice, and the time in which they rejoiced. Then there are some activities that are

being carried out outside the university neighborhood. Spiritual activity remains one of the priorities to be preserved and developed. According to Irfan Aminullah, the head of MATAN said that Tariqoh integration in college can have a significant impact on various aspects, both in terms of student personal development and on the overall academic atmosphere. Of course students can feel the positive impact of Tariqoh, where students become more aware of some elements in the survival of the learning process on campus. Like understanding the context of patience, the context about some of the teachings of Islam, and of course the context to devote to the teacher correctly and properly.MATAN activities in addition to the Internal activities there are also activities that are carried out outside the neighborhood and outside the schedules specified by the campus, but these external activities have obtained the approval of both the civitas of the campus and the nurses of the Hostel Nurul Jadid. External activities are Hujakan activities, Tawajuhan activities, pilgrimage activities, Lailiyah Syahriyah activities, and SILATNAS activities.

External activities are designed to enable students to interact with the outside community so that students can recognize all the dynamics of religious life in the general community. Mr. Is'adurrofi, a senior member of the MATAN organization, said that the benefits of the entire program implemented by MATAN can be felt when students undertake activities that are directly related to the community. Because in interacting with the community, students will be able to help direct religious activities and further expected students to give a positive influence and make students wiser. Tarigoh is an Arabic word that means way or way. In the context of Islam, this term often refers to a certain religious currents that emphasize spiritual practices and methods of self-development. (SULISTYAWAN, 2023). Then from that the MATAN organization has an assessment that all the activities involved with MATAN organisation should be developed. Mr. Irfan Aminullah continued that the activities of MATAN have already met the qualifications established by Tariqoh JATMAN organization, so that the implementation of all MATAN activities can be concluded does not deviate from the rules of Nagsabandiyyah tariqoh. Seeing from the routine activities MATAN appears very simple will contain will high internal conditions, as in the case of the activities of Sholawat Mahallul Qiyam which is indicated to remember and respect the figure of Prophet Muhammad S.A.W., so the influence of this activity makes the personality of students who love the Prophet, moderate (non fanatic), and appreciate the efforts of the prophet and the friends who struggle to uphold the teachings of Islam.

# MATAN Organization as the End of Tariqoh Implementation at Nurul Jadid University

The implementation of Tariqoh in college often reflects an effort to shape and maintain the values of religion, ethics, and spirituality among students. It encompasses a holistic approach that involves the academic, social, and spiritual aspects of campus life. In this context, religious values become a key foundation in the development of curricula and campus activities. The college emphasizes the integration of such values into academic and non-academic activities. Teachers and staff are encouraged to be exemplary in applying religious values.MATAN is the Organization responsible for the survival of all Tariqoh activities at Nurul Jadid University, not only for the performance of activities, but in terms of Management and synchronization efforts between Tariqho activities and the curriculum established by the campus. It marks the existence of the organization MATAN is expected to be able to be the support system of Nurul Jadid University to maintain the internal conditions of students through the activities organized by MATAN.

The Prophet (peace and blessings of Allah be upon him) said: "In the body there is a piece of flesh, if it is good, then the whole body will be good, and if the body is broken, then it will be broken. Know that the clump of the flesh is the heart." (HR. Bukhari-Muslim) According to the Hadith it is explained that the core of all 'amaliyah that is done by man most specifically by students is heart, where the condition of the

heart determines the acceptance or non-acceptance of 'amaliah that is performed. Most of the students who are in the process of learning (ta'lim) are very vulnerable to nonconducive internal stability, which means that the inner stability is still upward and downward. In addition, the MATAN organization plays a role in student character building and ethics. They organize several activities or programs to help students develop responsibility, tolerance, and morality. In addition, the organization supports the development of religious leaders among students, providing training and opportunities to participate in religious activities. Tariqoh organizations also serve as a container for students to engage in religious communities. They facilitate meetings, discussions, and projects that strengthen the bonds between community members. As a liaison between college and religious authorities outside the campus, Tariqoh organizations collaborate with religious leaders, scholars, or external religious organizations. The organization MATAN plays a role in empowering students to actively participate in religious activities and humanitarian projects.

By creating space for students to thrive in the spiritual and social dimensions, Tariqoh organizations ensure that the campus environment supports student holistic development. Thus, they become an essential element in creating and nurturing religious, ethical, and spiritual values in the college environment. The existence of Tariqoh organizations at Nurul Jadid University can be seen as an attempt to continue the proclamation of Prophet Muhammad SAW in the neighborhood of the college. The organization plays a role in spreading Islamic teachings, strengthening the student's Islamic identity, and creating an environment that supports the development of spiritual values. Here is an explanation of how the existence of Tariqoh organizations at Nurul Jadid University contributed to the continuation of the prophetic proclamation.

Maintenance of Religious Activities Tariqoh Organization may organize religious activities such as studies, lectures, and study of the yellow book. It helps students understand and deepen the teachings of Islam and involve them in religious study in person.

Development of Islamic Understanding The Tariqoh Organization plays a role in providing students with a deep understanding of Islam, studying moral values, and practicing Islamic teachings in everyday life. This is in line with the prophet's purpose of guiding his people towards a moral life.

Through Tariqoh organizations, students can get spiritual guidance and counseling that helps them face religious challenges and questions. Usually MATAN students consult with MATAN Builders and Counselors. It reflects the role of the Prophet as the spiritual guide of his people.

Strengthening Islamic Identity The existence of Tariqoh organizations helped to strengthen the Islamic identity of students. This can be achieved through religious activities, empowering students to practice Islamic teachings, and developing Islamic awareness

Tariqoh Organization's Social and Humanitarian Activities not only focus on religious aspects, but can also organize social and humanitarian activities. It reflects the values of compassion and care emphasized in the teachings of Islam, in accordance with the principle of the Prophet in spreading good to one another.

Cooperation with the Religious Authority of Tariqoh Organization at Nurul Jadid University may establish cooperation with local religious authorities or Islamic institutions to strengthen the worship and deepening of religious understanding in the university environment. Through these efforts, Tariqoh organizations at Nurul Jadid University became an important part in continuing the mission of the Prophet Muhammad SAW. They created an environment in which students can integrate religious values into their academic and social life, in line with the teachings of Islam that the Prophets have been instructed.

### Improving the quality of students in the field of religion through Tariqoh Al-mu'tabarah An-nahdhiyah

Tarigoh Al-mu'tabarah An-nahdhiyah at Nurul Jadid University is at the top of

the spear of student quality improvement in the field of religion. Through the integration of religious values into the curriculum, the building of faith, and fear, the organization seeks to strengthen the student's relationship with the teachings of Islam. Religious studies, discussions, and guidance services serve as a means of deepening knowledge and understanding of contemporary religious issues. The importance of religious values-based leadership training is evident in organizational efforts to build student leadership skills. Activities such as humanitarian, social, and training of Islamic character became a concrete manifestation of Tariqoh Al-mu'tabarah Annahdhiyah's efforts in forming noble students. Participation in humanitarian activities and charitable projects demonstrates the organization's commitment to religious values translated into real action.

Religious understanding is deepened through regular study and discussion activities, while religious mentoring services provide support for students in facing life's challenges and conflicts. Overall, Tariqoh Al-mu'tabarah An-nahdhiyah at Nurul Jadid University plays an important role in creating a holistic educational environment, where student quality improvement not only covers academic aspects, but also character formation and the implementation of religious values in everyday life. Aditya Fatrawi stated that Tariqoh Al-mu'tabarah An-nahdhiyah at Nurul Jadid University has a central role in improving the quality of students, especially in the field of religion. The organization not only focuses on the transfer of religious knowledge, but also seeks to shape character and integrate Islamic values into the daily lives of students. By integrating religious values into the curriculum, the organization encourages students to study Islam academically. It involves religious courses, seminars, and projects that enable students to explore deeper aspects of their religious teachings. The building of faith and fear is an important foundation in the organization's efforts to strengthen the student's relationship with God.

Through religious study, meditation, and ritual activities, students are invited to reflect and strengthen their spiritual dimensions. The organization also plays an active role in shaping future religious leaders. Leadership training based on religious values is a means of developing student leadership skills whileining religious moral and ethical principles. Activities such as study, religious counselling services, and spiritual support services demonstrate the organization's commitment to students' spiritual and emotional well-being. They create an environment in which students can develop holistically and gain support in facing the challenges of life. Participation in humanitarian activities and charitable projects is a concrete step towards implementing religious values in real action. It not only benefits the wider community, but also demonstrates the student's commitment to implement religious teachings in making positive contributions to one another.

Tariqoh, or tasawuf in the Islamic tradition, also has an important role in improving the quality of students through the development of spirituality, character formation, stress management, and other aspects, especially for students of Nurul Jadid University. Spiritual practices in dance help students find the meaning of life and mental well-being. In addition, the ethical and moral values taught by the students can shape the character of the students, making them responsible and integrated individuals. Practice also helps students manage stress, develop empathy, and understand their life goals, which positively affect the quality of learning and academic outcomes.

By forming a community based on values, tariqoh creates an environment that supports personal growth and inspires each other among students. It is important to note that the application of the teaching should be carried out with respect for the diversity of beliefs and values of students and adhering to the principles of pluralism. Tariqoh brings a spiritual dimension in student life that goes beyond religious aspects. This development of spirituality is essential because it can give meaning and purpose to a student's life in the midst of academic challenges and pressures. Through spiritual practices such as meditation, reflection, or contemplation, students can inner peace, emotional balance, and peace of mind. It provides a strong foundation for improving

their mental well-being, which in turn can have a positive impact on academic performance and everyday life. Character formation is another important aspect of dance. Students are invited to understand ethical and moral values, such as honesty, justice, and compassion. The application of these values shapes the student's character, creating individuals who are not only academically accomplished but also responsible and integrated. Tariqoh serves as a guide in the face of various life situations, providing a solid foundation for students to grow and thrive as positive contributors to society. Stress management is a crucial skill that is instilled through discourse. Students are often faced with academic pressures and high life demands.

Dance practices, such as meditation or meditation techniques, help students cope with stress, improve focus, and develop mental stamina. It is not only beneficial in an academic context, but also in preparation to face the challenges in the world of work and everyday life. The development of empathy and understanding towards each other are other aspects that are emphasized in the reference. Students are invited to recognize the needs of others, understand different perspectives, and be caring. It forms the foundation for effective leadership skills, in which students can be positive agents of change in their environment. In Tarigoh also sees that the purpose of life as an integral part of personal development. Through self-reflection and consideration of spiritual values, students can establish a more comprehensive purpose of life. It helps them direct their energy and motivation more accurately, creating a strong sense of purpose in pursuing academic achievement and career. It is important to emphasize that teaching should be done with full respect for the diversity of students' beliefs and values. Thus, training can be a holistic approach that supports personal development and improves student quality in a comprehensive way. Thus, Tarigoh Al-mu'tabarah An-nahdhiyah at Nurul Jadid University became an influential medium in improving student quality, in deepening the understanding and practice of religion in the context of higher education.

### **CONCLUSION**

Tariqoh's integration into education at Nurul Jadid University is carried out through several activities and programmes that are organized and implemented by Tariqeh Al-mu'tabarah An-nahdhiyyah Student Organization. (MATAN). The activities carried out by MATAN are Internal and External, the internal activities include activities conducted in the campus environment and in accordance with the schedules established by the campus. It is like the reading of Solawat Tariqiyyah, Tawassul Masyayikh Naqsyabandiyah, then Mahallul Qiyam. MATAN activities in addition to Internal activities there are also those carried out outside the neighborhood and outside the schedules determined by the campus, such as Hujakan activities, Tawajuhan activities, pilgrimage activities, Lailiyah Syahriyah activities, and SILATNAS activities. Tariqoh's participation in the campus environment is expected to have a positive impact and to be able to improve the quality of students in the field of religion.

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